

PRIVACY POLICY

RepsQuest

A Product of A&C Holdings LLC

Effective Date: February 20, 2026

1. Overview

A&C Holdings LLC ("Company," "we," "us," or "our") operates RepsQuest (the "App"). This Privacy Policy explains what information we collect, how we use it, and your rights regarding that information.

Our core commitment: RepsQuest is designed with minimal data collection in mind. We do not create user accounts, do not store personal profiles, and do not retain individually identifiable user data. You can use the core workout features of the App without providing any personal information.

2. Information We Do Not Collect

With the exception of the anonymous data described in Sections 3 and 4, RepsQuest does not collect, store, or process any of the following:

- Names, email addresses, or contact information
- User accounts or login credentials
- Health or biometric data
- Payment or financial information
- Device identifiers, IP addresses, or fingerprinting data

3. Anonymous Usage Data

When you use the App, certain anonymous, non-identifiable data may be recorded to help us improve the product. This data cannot be traced back to any individual user.

3.1 Workout Session Data

When you generate a workout through the App (including through hotel or partner-branded versions), we may record anonymous session data including: the type of workout selected, target muscle groups, duration and intensity preferences, the exercises generated, and whether the workout was completed. This data is not linked to any individual user, device, or account. It is used solely for internal analytics to understand how the App is used and to improve workout quality.

3.2 Workout Feedback

After completing a workout, you may be prompted to provide feedback (such as a thumbs up or thumbs down). This feedback is recorded anonymously and is not linked to any individual user. It is used to improve the quality of generated workouts.

4. Location Data — “Nearby Suggestions”

The App includes an optional feature that appears after a completed workout, offering to show nearby healthy dining and food options (“Nearby Suggestions”). This is the only feature in the App that involves location data.

4.1 How It Works

If you tap “Nearby Suggestions,” the App will request your consent to access your device's location through your operating system's standard permission prompt. If you grant consent, your device's current location coordinates are used to display nearby dining options.

4.2 What We Collect

Anonymous consent tracking: When the location prompt appears, we record whether you consented or declined — a simple anonymous yes/no. This data is not linked to any individual user, device, or session. It is used solely for internal analytics to understand how users interact with this feature.

Anonymous location pings: If you grant location consent, your device's coordinates (latitude and longitude) are recorded as an anonymous data point associated with the session. This location data is not linked to any individual user, device identifier, name, or account. It is used for aggregate analytics purposes, such as understanding geographic usage patterns and improving the relevance of nearby suggestions.

Anonymous interaction data: If you tap on a nearby restaurant suggestion to get directions, we record which restaurant was selected along with the anonymous location coordinates. This data is not linked to any individual user and is used to measure feature engagement.

4.3 What We Do Not Do With Location Data

- We do not link location data to any individual user, device, or personally identifiable information.
- We do not sell, rent, or share location data with advertisers.
- We do not use location data for ad targeting or profiling.
- We do not track users over time or across sessions.

4.4 Third-Party Services

To display nearby results, your location coordinates may be sent to a third-party mapping or search provider (such as Google Maps API or a similar service). This third party processes the location data to return search results. The third party's handling of your data is governed by their own privacy policy, not ours. We encourage you to review the privacy policies of these providers.

4.5 Your Control

- The location feature is entirely optional. You may decline the prompt with no impact on the App's workout functionality.
- You can revoke location permission at any time through your device's settings.

- If you decline, the App will not access your location and the "Nearby Suggestions" feature simply will not function.

5. Local Storage

The App uses your browser's local storage to save your preferences (such as selected equipment and workout settings) so that your experience is preserved between visits. This data is stored entirely on your device and is not transmitted to our servers. You can clear this data at any time through your browser's settings.

6. Analytics, Cookies, and Tracking

As of the effective date of this policy, RepsQuest does not use cookies, third-party analytics trackers, advertising pixels, or any similar tracking technologies. The anonymous usage data described in Sections 3 and 4 is collected through our own backend and is not shared with any third-party analytics provider. If this changes in the future, this Privacy Policy will be updated accordingly.

7. Hotel and Partner Access

If you access RepsQuest through a hotel or hospitality partner, please be aware of the following:

Aggregate data only. Hotel partners may receive aggregate, non-identifiable analytics about feature usage (for example, total number of workouts generated or percentage of users who opted into nearby suggestions). Partners never receive any data that could identify an individual user.

Partner networks. If you are using the App over a hotel's Wi-Fi network, the hotel's own network policies and privacy practices may apply to your internet activity. This is outside our control.

8. Children's Privacy

RepsQuest is not intended for use by children under the age of 13. We do not knowingly collect any information from children under 13. Since the App does not collect personally identifiable data from any users, this risk is inherently minimized. If you believe a child under 13 has somehow provided us with personal information, please contact us and we will take appropriate steps.

9. Data Security

Because RepsQuest does not store personally identifiable user data, the risk of a data breach affecting individual users is minimal. The App's architecture is intentionally designed to avoid retention of personal data. All anonymous data described in this policy is transmitted and stored securely using industry-standard encryption.

10. Your Rights

Depending on your jurisdiction, you may have rights regarding your personal data, including the right to access, correct, delete, or port your data, or to opt out of certain processing. Since RepsQuest does not collect or store personally identifiable data, these rights are effectively satisfied by default. If you have any questions or concerns about your data, please contact us.

California residents (CCPA): We do not sell personal information. Since we do not collect personal information as defined by the CCPA, no further disclosures are required at this time.

EU/EEA residents (GDPR): The location processing described in Section 4 is based on your explicit consent. No personally identifiable data is retained.

11. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. If we make material changes — particularly if we begin collecting or storing any personally identifiable data — we will notify you by posting the updated policy within the App or on our website with a revised effective date. Your continued use of the App after changes are posted constitutes acceptance of the updated policy.

12. Contact Us

If you have questions about this Privacy Policy or your data, please contact us at:

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